



Kina'ole



Official Newsletter of the Philippine Nurses Association of Hawaii



Editor's Note

Aloha, welcome to the Special Edition of Kina'ole. This newsletter is published specifically for the upcoming PNAH election. Please take the time to read the candidates' personal statements, their goals, and some fun facts about them. Hopefully, this newsletter will guide you on who to vote for the upcoming election.

Bob Gahol

1

FEBRUARY 2ND

**Campaign
period begins**

2

FEBRUARY 13TH

**Membership
deadline**

3

MARCH 14TH

**Election Day
(in person)**



Message from the President

I would like to wish everyone a very Happy New Year! I hope that you all had a wonderful holiday season and are now ready to face the excitement that this new decade will bring. I am extremely excited with the new year as we have so many things in store for our wonderful organization. Even though my time as PNAH president is almost over, I will continue to stay committed with our mission and will continue to support our leadership team.



With the upcoming PNAH election, I would like to thank the members who volunteered to run for office. We are a volunteer group, however, I see everyone working hard as if this is a full-time job. To our voting members, please take the time to get to know our candidates. I am fully confident that the new set of leaders will continue our legacy of excellence and professionalism. The great work that everyone has done is truly what makes us shine. Mahalo!

Erlinda Ferrer



PNAH Leadership Team 2018-2020



Erlinda Ferrer, President



Violet Sadural
President Elect



Cielito Matias-Schwartz
Vice-President



Jacqueline Dardeen
Secretary



Virginia Baptista
Treasurer



Lourdes Marcelo
Asst. Secretary



Norgen Dalit
Asst. Treasurer



Edel Matias
Auditor

Perie Danao
Parliamentarian

Bea Ramos-Razon
Executive Director



Medy De Lara
Board Member

Emely Eala
Board Member



Brenda Monegas
Board Member

Bob Gahol
Board Member

NOMELEC Policy and Procedure: Election Timelines

PURPOSE: To establish a timeline for implementation of the PNAH nomination and election process.

POLICY: The PNAH NOMELEC Committee shall enforce strict compliance with established election timelines to ensure that the election of officers is conducted in an organized and timely manner.

PROCEDURE: The NOMELEC Committee shall be responsible for:

- Setting the official election dates and election timelines
- Managing the election process in a timely and efficient manner
- Notifying the PNAH President, Executive Board, candidates and other appropriate individuals of the election timelines and election results.

Date	Timeline	Activity
Now – Jan 14	Nominations and Pre-Elections Deadline of Submission	Announcement to members, submit Letter of Intent, Profile, picture, Nomination, Acceptance of Nomination, written consent to serve; submit list to EB
February 2	Completed Candidates' Profiles to be submitted to EB for information and review	NOMELEC to present to EB the candidates' Profiles for review on Feb EB meeting Feb 2. Campaign period begins
February 3	List of Candidates and ballots to be mailed all members	Ballots and list of candidates will be mailed to all members; list and profiles of candidates will also be posted on PNAH website; published in the PNAH newsletter Kinaole
February 13	Membership Deadline	New or Renewal Membership must be submitted 30 days prior to election. Membership Chair will provide current membership roster as of Feb 13.
March 13	Last Mailed-in Ballots pick up	March 13 - Last day to pick-up mailed-in ballots to be counted on Election Day; postmarked on or before March 13. Campaign period ends.
March 14	Election Day (in-person) Only members on Active Status are allowed to vote	Ballots will be counted after the Education Day. In-person voting stops at 2:00pm
March 21	Post-Election	All issues related to the election has to be resolved 7 days after the election
May 23	2020-2022 Installation	Installation Gala Night

Here are your candidates for the PNAH Officers for 2020-2022*

*Please note that not all candidates submitted their profile statements



Candidates for President-Elect

(in alphabetical order):

PERIE DANA O, RN BSN

RN Retired

Current PNAA and Chapter Involvement: PNAH Parliamentarian; PNAH Bylaws Committee Chair; PNAH Nursing Excellence Awards Committee Chair; PNAA Bylaws Committee Member



Retired, this 46-year healthcare veteran believes that leadership capability is molded by years of experience, and to become a leader one has to be first a member who is willing to be mentored and learn. I myself, having been coached by leaders, successfully served as President of Filipino Nurses Organization of Hawaii for two terms and as Secretary of the United Filipino Council of Hawaii in the 90s.

A proponent for life-long learning, I network with nurse leaders through membership in Sigma Theta Tau, Gamma Psi Chapter, American Nurses Association, American Organization of Nurse Leaders, Hawaii Association of Wound, Ostomy, and Continence Care, American Association of Nurse Assessment Coordination, and PNAA/PNAH.

In the formation of PNAH, I authored its original bylaws that led to the acceptance of Hawaii as PNAA Chapter in 2000. Initially preferring to stay away from the limelight due to family and job demands, I contented with working behind the scene, stepping forward only when called upon as when PNAH needed support.

After a period of minimal participation, I became active in PNAH again in 2012. In the last three administrations, I acted in the capacity of Executive Director, Parliamentarian, and chair of the PNAH ByLaws Committee. Recognizing my dedication and commitment, PNAH gave me the PRIDE Award in 2017.

I have a passion for teaching and imparting my expertise with other nurses. Doing what I love to do alone, I can only care for patients one at a time. By teaching other nurses there are more patients that will be benefited. Retired, I continue to teach by being a mentor and volunteer lecturer for Hawaii Nursing Advocate and Mentors, Inc. (HiNAMI) to help foreign-educated nurses pass the NCLEX. I also do lectures for caregivers organizations such as UGHO, ARCA, and CHCAOH.

I strongly believe that with my years of experience and proven commitment to PNAH, it is now time for me to be in the forefront. As President-Elect, I will make PNAH stronger as it continues to forge towards the right direction so that it will shine brighter than ever.

Fun Facts about Perie:



She married in 1978 to James, a Navy veteran. They have four children, three girls (Janice, Le Anna, and Chriselle) and a boy (Michael), all married except the boy. Seven grandchildren (4 girls, 3 boys), oldest one is 26 and married, and the youngest two are 5 and 6 years old.

She enjoys spending time with their 6-year-old and 11-year-old grandsons every weekend. Doing on-line puzzles (sudoku, jigsaw), adult's coloring book, nature-tripping with husband, arts and crafts.

Her most memorable moment was the serendipitous meeting with her husband who is from the same town where she came from in the Philippines.

Although they knew each other then, they were not that close. After high school, they went their own ways and she has not seen him again until they met after mass at the Cathedral of Our Lady of Peace; and their story jump-started from there.

Her claim to fame was among the FEU-IN nursing class of 1973, she was the first one chosen to join the Maternal Child Health (MCH) Nursing faculty right

after graduation. She spent 4 semesters as Clinical Instructor and Adjunct Professor until she migrated to the US.



CIELITO LYNN MATIAS-SCHWARTZ, MSN, BSN, RN
RN Case Manager, Neuro-ICU, The Queens Medical Center
Current PNAA and Chapter Involvement: PNAH Vice President;
PNAH Education Chair; PNAA Ways & Means Committee
Member



I am writing this letter to express my desire to run for the position of Philippine Nurses Association of Hawaii (PNAH) President-Elect for 2020-2022. While it has been a privilege serving as the Vice President of PNAH, I look to play a greater role in the organization. I understand the large amount of responsibility, time and dedication this position requires, and I am ready to serve in this capacity.

Being a member of PNAH has allowed me to

serve the local community while creating awareness of a professional nursing organization that advocates for the Filipino nurses. I am inspired by the accomplishments of colleagues and leaders I have had the privilege of working with at local, regional, national, and international conferences, further solidifying my commitment to PNAH. I ran for office and was elected as PNAH Secretary from 2016-2018, and Vice President from 2018-2020. I am currently the Chair for the PNAH Education Committee, and a member of the Philippine Nurses Association of America (PNAA) Ways & Means Committee. These experiences have provided me with knowledge, insight, patience, diplomacy, and leadership skills to guide PNAH in the future.

My philosophy is to uphold traditions and pursue progress. If elected, I will continue the legacy of Filipino nurse leaders who have paved the way, and bridge traditional values with the innovations of the next generation of Filipino-American nurses. I will BRIDGE the Philippine Nurses Association of Hawaii into the next century. To do this I will:

- Build relationships in the community**
- Recruit new members**
- Innovate new ways to support members**

- Develop a new generation of leaders**
- Generate greater revenue to enhance the organization**
- Enhance visibility in the community**

I am a proud Filipino-American Nurse. It would be an honor to serve as your next PNAH President-Elect.

Sincerely,
Cielito Matias-Schwartz

Fun Facts about Cielito:



In a nutshell, I'm a daughter, sister, middle child, aunt, loyal friend, RN, entrepreneur, wife, and mother. I am married to Jonathan L. Schwartz, a college professor at UH West Oahu. We own a side business together making flipbooks at parties and events. We have a 16 year-old son Noah who attends University Lab School, a 9 year-old daughter Hannah, who is in the 3rd grade at I'olani School, and a 2 ½ year old Frenchie named

Max who loves long walks in Manoa Valley. I enjoy traveling, discovering new restaurants, entertaining friends, and appreciate art in all forms.

My most memorable event was celebrating my nuptials in the Amalfi Coast of Italy at the Villa Cimbrone with my family and dearest friends. A few of my hidden talents include acting, drama, singing, and cooking a gourmet meal with any pantry item on hand without a recipe. In another life I would either be acting and singing on Broadway, or a food critic.



Candidate for Vice President:

BOB GAHOL, RN BSN MBA MPA MMAS MSS

COL Retired, US Army

Current PNAA and Chapter Involvement: PNAH Board Member;
PNAH Public Relations Committee Chair; PNAA Office of
International Affairs Member; PNAA Newsletter Columnist

I am a results-oriented professional with over 30 years of healthcare experience to include 23+ years of military service applying a unique mix of strategic and operational management, personnel development, and clinical administration. I have



served in a variety of positions, both in civilian and military facilities to include major medical centers and field hospitals in austere environment. I have worked as a staff nurse, nurse manager, administrative officer, chief nursing executive and commander (CEO).

In addition to my healthcare/military leadership roles, I have been involved in multiple volunteer and community activities. As a member of PNA-Hawaii, I am currently serving as a board member, Chair of the Public Relations Committee and Editor-in-Chief of the PNAH newsletter,

Kina'ole. I am also an active member of the American Organization for Nursing Leadership (AONL) National and Hawaii Chapters, the American College of Healthcare Executives (ACHE), a volunteer lecturer for Hawaii Nursing Advocates and Mentors, Inc. (HINAMI), and a columnist for the PNAH Newsletter. I have previously served in numerous organizations and committees, published several articles and conducted presentations and lectures internationally. My past assignments have provided me a great deal of experience working in multi-stakeholder environments where leadership and guidance were highly matrixed.

I seek every opportunity to learn from others to improve myself and gain experience in management, leadership and organizational transformation. I am passionate about nursing excellence, leadership, and growing others as leaders. I am also committed in supporting the community by serving as a resource in promoting health and fitness. As Vice-President, I will proudly serve with the PNAH leadership in ensuring that we move forward with the initiatives that we set to achieve. Membership retention and recruitment will be my highest priorities and I will ensure that we will do our best to continue to expand our organization. I would also encourage continuing education and leader development programs. I strongly believe that members who are satisfied and feel welcomed are more inclined to actively participate in our organization.

Fun Facts about Bob:



Bob lives with his partner of 33 years, COL (Dr) Jay Etzenbach, in Kailua, Hawaii. They have two beautiful Golden Retrievers, Koa and Duke. Bob is the second of seven siblings. His family lives in Chicago. Bob's favorite hobbies are running, downhill skiing, golfing, traveling, eating and sampling different wines from around the world. He recently received his Introductory Sommelier certification through the Court of Master Sommeliers.

One of his most memorable memories was when he and his 4 sisters and 1 brother ran and completed the Honolulu Marathon in December 2016. To date, Bob completed 70 marathons and several triathlons. He plans to run marathons in all 50 US states and 7 continents.



Candidate for Secretary:

JACQUELINE SADURAL DARDEEN, BSN RN

CareResource Hawaii RN Community Relations Coordinator
Current PNAA and Chapter Involvement: PNAH Secretary; PNAH
Newsletter and Website Chair; PNAA Marketing and
Communication Committee Member



It's always been a dream of mine to be a nurse like my mom. I have been exposed to healthcare my entire life, as my mother Violet Sadural was also a nurse who happens to serve PNAH and a founding member of PNAH 20 years ago. I have been a dedicated registered nurse for over 10 years and have served PNAH for that long as well. My nursing background consisted of a variety of fields including Medical Surgical, Surgical Trauma, Operating Room, PACU/ Recovery, Office RN, and Home Care. I have served in different positions starting off as a staff nurse, charge nurse, field nurse, clinical

supervisor, and finally community relations coordinator/intake supervisor.

Currently, I am the PNAH EB Secretary and have been involved in PNAH for the past 10 years. It has been a blessing as I was able to grow and strengthen my nursing career through Philippine Nurses Association of Hawaii. If elected as your secretary for another term one of my main goals I hope to accomplish this upcoming term is to strengthen the relationships with other Filipinos by increasing our membership in PNAH. I am currently also the Website and Newsletter Chair, and a member of the PNAA Marketing & Communications Committee.

Fun Facts about Jacque:



I have 2 beautiful children, my son, Jaxson 6 years old, and my daughter Jaselyn 2 years old. I am happily married to my wonderful husband of 7 years, Jason Dardeen. He is my everything. I have grown stronger because of him and have noticed that I am whom I am today because of him.

Some of my hobbies I love to do is spend a great deal of time with my family, watching Disney Plus, eating together, and going on family trips. Watching Disney Plus has been our all time favorite hobby to do lately. I collect Disney DVD's including those that are in the vaults and love using my Ninja Foodi to make meals in less than 20 minutes.



Candidate for Treasurer:

NO CANDIDATE



Candidate for Auditor:

EMELY RAMIREZ EALA, RN

Current Chapter involvement: PNAH Board Member; PNAH Archives Committee Chair

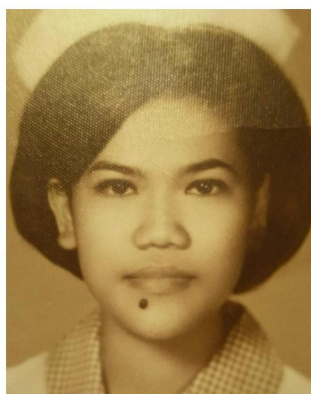
Emely attended primary and secondary education in public schools. She attended college (pre nursing) at the University of the East, and graduated with her BSN at De Ocampo Memorial School of Nursing. She worked at Our Lady of Lourdes Hospital in Manila, Philippines for one year, then migrated to the US on a working visa sponsored by Westlake Hospital in Melrose Park, Illinois. After two years, she moved to Hawaii to join her husband. They have two loving sons and six grandchildren.



In Hawaii, Emely worked at Kapiolani Medical Center in different departments such as Labor and Delivery (L&D) Maternal Fetal Intensive care,(MFIC), Ante-Partum monitoring unit (AMU) and last was Operating Room department (OR) where she retired as charge nurse eight years ago. Emely was selected by her peers as the Outstanding Nurse of the Year.

Emely also worked part time as a staff nurse at Kaiser Hospital, Hale Nani Rehabilitation Center and St. Francis West. After retirement, she became active in Philippine Nurses Association of Hawaii (PNAH) where she participated in many activities. She supported and

chaired the Awards Committee two years ago. She volunteered on numerous community health fairs such as the National Kidney Foundation, Family fun walk, Healthy heart healthy family, Taste of Kalihi. She is also a volunteer/mentor of Hawaii Nursing Advocates and Mentors, Inc.(HINAMI) and a member of the Aloha Medical Mission to the Philippines led by Dr. Ben Galindo. Emely is presently serving as a Board member of PNAH under the leadership of President Erlinda Ferrer. She has been nominated for the Auditor position for 2020 to 2022.



I am a PNAA Nurse
I make a Difference!



Candidates for Board Member (5 open positions (in alphabetical order)):

VIRGINIA BAPTISTA

FRANCISCO CONDE

NORGEN DALIT, RN BSN

Current Chapter Involvement: PNAH Board Member; PNAH Membership Chair; PNAH Assistant Treasurer



I am writing to express my interest to run for Board Member of the PNAH for the year 2020-2022. Although I have been working in the healthcare clinical field for over 30 years in a charge nurse position, I hope to achieve my personal and professional growth at local and global levels in a leadership aspect.

I'd worked as a Charge Nurse with strong dynamic clinical background in post anesthesia and ambulatory care unit. Proactively streamlines operations, initiating tasks and supporting health care team.

In 2008, I was awarded the Outstanding Nurse of the Year at my workplace at KMCWC and in 2017, Service Excellence Honoree. I have been a member of the American Society of Perianesthesia Nursing Practice and will be running for president-elect for Hawaii Perianesthesia Nursing.

I'm currently the Assistant Treasurer and also on 2014-2016.

I'm also currently serving as the Chair of the Membership Committee. I'm active and support all the fundraising activities of the PNAH and proactive in advertising PNAH to colleague and friends. Attendee of PNAA Annual National Convention and support its numerous activities.

I also committed my time and resources by participating in semi annual Aloha Medical Mission here and abroad because I strongly believe that servicing other less fortunate has more meaningful and satisfying essence in my nursing profession.

Fun Facts about Norgen:

Norgen graduated Nursing in the Philippines & currently reside in Salt Lake, Honolulu with husband of 10 years Edgar Dean Dalit, whom she met in ballroom dancing. They have Shitzu girl name Shebah and Maltese boy Lucky and don't get along well. Norgen is an adventurous person that she went kayaking at Hanoi Bay in Vietnam, Burma and Cambodia and name a

few. Diving in Coron and Red Sea in Egypt. She also loves to hike and her most favorite hike was Mt. Sinai and Machu Picchu.



EDILTRUDES “EDEL” MATIAS, RN

Current Chapter Involvement: PNAH Auditor; PNAH Ways & Means Committee Chair



Hello, my name is Edel, and I'm running for a seat on the PNAH Executive Board. As one of the founding members of PNAH, I have a vested interest in the viability of the organization. My hope is that the mission and vision of PNAH will continue for years to come, and that the new generation of Filipino nurses will feel called to not only be a part of PNAH, but to move it forward.

One way to accomplish this is to lead by example. I have been a dedicated member, served as an elected officer, and also board member for PNAH. I regularly participate in community service, which allows PNAH to remain visible, but more importantly, inspire Filipino nurses to get involved.

This is why I continue to be a part of this organization, and I humbly ask for your support to continue to serve in this manner.

Thank you so much for your time, and I hope I can count on your vote.

Sincerely,
Edel Matias

BRENDA MONEGAS



PNAH NOMELEC COMMITTEE

Ramon Sumibcay - Chair

Melkarth Raqueno - Vice-Chair

Joe Jacob

Emilyn Ramones

Bea Ramos-Razon

Tina Salvador

Upcoming PNAH Events

Starting February 5, 2020 from 4:30pm - 8pm NCLEX-RN Review classes by Hawaii Nursing Advocates & Mentors, Inc. (HiNAMI) starts Feb 5, 2020, every Wednesday 430-8pm at FilCom Center.

Register at FilCom Center, for more information call Bea Ramos-Razon (808) 778-6291

March 14, 2020 PNAH Education Day, General Assembly and Election Day (in-person) at the Ala Moana Hotel

May 23, 2020 Induction of new PNAH Officers at the Ala Moana Hotel

July 1-5, 2020 PNAA 41st Annual Convention, San Diego, CA



The beginning of 2020 has revealed enough for deep reflection:

That giant Australia is not at all invincible from fire...

That mighty China could be shaken by enemies that are too small to be seen...

That what we view small is a fully destructive Volcano...

That what we see as a basketball star could fall into a deadly crash...

Things are, indeed...

never too big nor too small...

never too high nor too low...

never too powerful nor too faint...

never too wealthy nor too broke...

never too famous nor too ordinary...

Whatever our condition is, ...

we are all equal...

we are all important...

we are all gifts...

our current status does not define us at all...

what we have or possess is never a mighty protective armor...

So, in life...

don't be rude...

don't be greedy...

don't be selfish...

don't be ill-mannered...

don't be crabbed...

don't be wicked...

don't be unempathetic...

don't be messy...

don't be all knowing...

don't be deceitful...

don't be domineering...

After all...

we are not invincible

we are not mighty

we are not immortal

The early part of 2020 has lots of revelations.

It is never too late to be good.

Listen.

Have a blessed year!